

# 4 A's

**A**CADEMICS **A**RTS **A**THLETICS **A**TTITUDE

## ACADEMICS

Our Lower School curriculum takes a multidisciplinary approach including high-quality reading instruction, Singapore math, social learning, community outreach, theatre performances, visual arts, and athletics.



**Bookworms Early Language Arts Program**  
*2nd through 5th Reading and Writing Instruction*  
Blends whole and small group reading and writing instruction with an emphasis on high-quality fiction and nonfiction texts.



**Singapore Math Think! Mathematics & Math in Focus**  
Students hone problem-solving skills and apply mathematics in real-world contexts.



**Science Curriculum**

- Inquiry-based instruction through the National Geographic Exploring Science curriculum.
- Hands-on learning through project and lab-based instruction.
- Real-world and community experience & engagement.

5<sup>th</sup> - *Echo Hill Outdoor School* overnight trip  
4<sup>th</sup> - *Chincoteague Bay Field Station* overnight trip  
Local partnership with the *Kennett Community Garden*



## ARTS

**Theatre**  
Individual grade theatre performances

**Visual Arts**  
*Unit-based curriculum*

- Student work featured in the annual Spring Art Show
- Local collaboration with *Brandywine River Museum of Art*



## ATHLETICS



**Physical Education**  
Upland Athletics uses organized games and team building activities to develop gross motors skills.

**Winter Skating**  
in grades 2nd through 5th



## ATTITUDE

**Interdisciplinary Mindfulness**  
instruction

**Daily morning meeting**

**Collaboration with Upper School**

**Leadership**  
*5th grade*

- **Family Science Night**  
Students identify, design, and demonstrate science topics to younger students in the Lower School
- **Lower School Talent Show**  
Students design the script, stage and lighting while hosting performers in grades first through fifth.

